

AHMED ZAKARIA GOUDA

Kafr El-Shahawy Khater, Kafr Shukr, Qalyubia

📞 201009515332 ✉️ ahmedzakaria9219@gmail.com 💼 [linkedin.com/in/ahmed-zakaria-a2a450317](https://www.linkedin.com/in/ahmed-zakaria-a2a450317)

Professional Summary

- Dedicated Physical Education Specialist with extensive experience in injury rehabilitation, student talent development, and sports team management. Proficient in physical training, injury prevention, and nutritional guidance. Adept at solving academic, social, and economic problems faced by students, and providing mental health support for athletes.

Education

Banha University

Sep. 2010 – May 2012

Bachelor of Physical Education

Banha, Qalyubia

Courses

- ICDL course
- IASS injury course
- Massage course
- Body Beast course

Certificates

- ICDL certificate
- Rehabilitation and Sports Injuries specialist Certificate from Miser El-Maqassa Club
- Rehabilitation and Sports Injuries specialist Certificate from Sprint Center
- Rehabilitation and Sports Injuries Certificate from Arab Universities Championship
- sport Performance Certificate from Helwan University
- certificate in Team Load Management from AL-Shams Club
- certificate from the International Academy For Applied Sciences
- Certificate from The Egyptian Football Association at the EL-Barameh Festival
- Three Certificates from Egyptian Amateur Athletics Federation Ayyubia Region

Experience

Miser El-Maqasa Football Club

Sep. 2016 – Aug. 2020

Rehabilitation Specialist

- Conducted immediate medical assessment and treatment for injuries.
- Implemented rest and recovery plans, including immobilization and reduced activity.
- Directed physical therapy and sports-specific training to restore strength, flexibility, and range of motion.
- Provided mental health support to address psychological barriers related to injuries.

Benha University

Admin – University Center for Career Development (UCCD)

August 1, 2024 – Present

- Oversee administrative operations and logistics for career development activities
- Support program planning, student engagement, and coordination with partners.
- Assist in organizing training sessions and workshops that enhance student employability.

Physical Education Specialist, Student Care Department

May 2014 – Present

- Developed and implemented Physical Education programs that meet educational standards and cater to students' physical abilities and interests.
- Instructed students in a variety of physical activities, sports, and fitness exercises to promote physical health and wellness.
- Evaluated students' physical abilities and progress through regular assessments and provided feedback.
- Ensured a safe environment for physical activities by monitoring equipment and facilities, and teaching students about injury prevention.

Projects

Second Arab Universities Championship Opening Ceremony / Participant

January 2021

- Performed skill demonstrations and cultural activities.
- Participated in the honorary parade, promoting sportsmanship and collaboration among universities.

Al-Shams Club / Load Planner for the First Football Team

November 2022

- Designed and analyzed training loads based on player fitness levels and team requirements.
- Regularly assessed physical conditions and monitored performance.
- Developed recovery and rehabilitation programs in collaboration with physiotherapists.

Handball Match Refereeing in Cairo / Referee

October 2011

- Managed the match, enforced rules, handled disputes, and ensured player safety.

Technical Skills

Languages: English, Arabic

Expertise: Problem Solving, Effective Communication, Decision Making, Team Working, Self-Development, Team Development , patient focused.

Technologies/Frameworks: Microsoft PowerPoint, Excel, Word, ICDL (International Computer Driving License)

Leadership / Extracurricular

supervision

Spring 2010 – Present

President

Benha University

- trained the football team, leading them to win first place in the university in 2016.
- Refereed the Handball Championship of Cairo District in 2011.