

Ola Mohamed Samy Abdelnaby

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Education and certifications

Certified health coach, International Coaching Federation **June 2022**

- 96 hours training covering: health coaching foundations, behavioral change, lifestyle, health & wellness, stress & sleep management, chronic diseases, & cancer coaching.

Africa Science Leadership Program, Pretoria University, SA **2021-2022**

- Series of interactive hybrid workshops on African youth policies, leadership, social innovation, project management and mentoring.

Certified trainer, Ain Shams University (ASU) **October 2020**

- 50 hours TOT focusing on the role of the trainer, how to conduct the training session, effective communication skills, innovative thinking, patterns and behaviors of trainees, training aids & presentation skills

Future Leaders Connect, British council **October 2019**

- Intensive program on leadership, communication, and policy development at the united Kingdom's houses of parliament, London & the Moller institute, Cambridge University.

PhD in Biochemistry and Nutrition, ASU **September 2019**

MSc of Science, ASU **April 2015**

BSc of Science, Faculty of Women for Science, ASU **May 2011**

Work Experience

Director of ASU Career Center **2025- present**

- Develop and implement a comprehensive strategy for career services aligned with the university's mission and vision.
- Maintain up-to-date knowledge of labor market trends to guide students effectively
- Establish key performance indicators (KPIs) to measure the effectiveness of career center programs.

- Create, oversee, and evaluate programs for employability skills, internships, mentorships, and career planning.
- Foster a collaborative and results-oriented working environment within the Career Center.
- Plan and manage the center's budget effectively, ensuring resources are allocated efficiently
- Identify and secure funding opportunities for career-related programs and initiatives.
- Deliver regular updates to university leadership on the Career Center's progress, challenges, and outcomes.
- Implement effective marketing and outreach strategies to promote the Career Center's services across the university.

Career Education Advisor, ASU Career Center

2023- 2024

- Oversee the annual training program for the department
- Develop new training programs with external parties
- Create and operate a trainers, academy and an interns' academy

Career Education Specialist, ASU Career Center (ASUCC) 2022-2023

- Create, develop, organize, conduct, and evaluate different trainings for Egyptian & international ASU students and graduates.
- Manage the training activities during the recruitment and career opportunities events organized by the ASUCC.
- Initiate a "Career Wellbeing" track focusing on the physical, emotional, & mental aspects of human development at ASU.

COO & Scientific board member of the Egyptian Functional Medicine Association (EFMA)

2021-present

- Responsibilities: leading EFMA's 3 centers: public awareness center, CME and professional development center, and EFMA research center.

Lecturer of Biochemistry and Nutrition, ASU

2019- present

- Hold the responsibilities of a faculty staff member such as the creation development, & delivery of academic courses.
- **Taught courses:** Fundamentals of Biochemistry, Nutrition throughout the life cycle, Basics of molecular biology, Food Microbiology, Chemistry of Tumors, Analytical Chemistry, Therapeutic Nutrition, Sports Nutrition, Food Nanotechnology, Cancer Biology among other courses.

Assistant Lecturer of Biochemistry and Nutrition, ASU **2016 – 2019**

Vice president of the Nutritional Education Unit **2015– 2020**

- Create, develop, & deliver several workshops & trainings for healthcare workers, parents, or general community members interested in nutritional education and awareness.
- Manage the community outreach programs of our department.

Teaching assistant at the Biochemistry and Nutrition, ASU **2012 – 2016**

Extracurricular activities & Volunteering

Social volunteer at Hospice Egypt- JOSAAB foundation **2021- present**

Mentor at the West African Institute of Public Health, Nigeria **June 2021**

- Conducted several trainings, and acted as a positive mentor to interns assigned (5 interns).
- Provided each intern with one-on-one mentorship for 1 hour weekly for the program duration (3 months).

Comprehensive nutrition program for school children **March 2018**

- Co-developed & delivered “the Right to Grow” school program at international school in Egypt. It is a hands-on program that includes nutritional assessments, workshops and interactive in-class sessions tailored for teachers, parents, and the children themselves.
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Skills

Computer

- Very good user of MS Word, PowerPoint, EndNote & SPSS

Languages

- Arabic: Native
- English: Excellent